



Happy Thanksgiving

Zumba/Strong On Site and Virtual

\$5.00 Single Class

\$40 Pre-Pay 10 Classes



NOV 2020

S	M	T	W	T	F	S
1	2 9:30AM Laurie & Lisa	3 7:30PM Laurie & Lisa	4	5 7:30PM Laurie & Lisa	6 STRONG 9:30AM Laurie	7
8	9 9:30AM Laurie	10 7:30PM Laurie	11	12 7:30PM Laurie & Lisa	13	14
15	16 9:30AM Laurie & Lisa	17 7:30PM Laurie & Lisa	18	19 7:30PM Laurie & Lisa	20 STRONG 9:30AM Laurie & Lisa	21
22	23 9:30AM Laurie & Lisa	24 7:30PM Laurie & Lisa	25 26 27 Closed for Thanksgiving			28
29	30 9:30AM Laurie & Lisa					

M-TU- TH Classes are Zumba Fitness
Friday Classes are STRONG Nation