

KEEP CALM
AND
DANCE OFF
THE CALORIES



Zumba! March 2017

\$5 at the Door Or Punch Card

www.cabarrusdance.com 704-782-1915

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
 Zumba Toning	Toning Classes are offered once a week!		1 9:30 AM Lisa & Laurie	2 7:30 PM Missy & Lisa	3	4
5	9:30 AM Lisa & Laurie	7 7:30 PM Laurie 	8 9:30 AM Lisa & Laurie	9 7:30 PM Missy & Lisa	10	11
12	13 9:30 AM Lisa & Laurie	14 7:30 PM Laurie	15 9:30 AM Lisa & Laurie 	16 7:30 PM Missy & Lisa	17	18
19	20 9:30 AM Lisa & Laurie	21 7:30 PM Laurie	22 9:30 AM Lisa & Laurie	23 7:30 PM Lisa 	24	25
26	27 9:30 AM Lisa & Laurie 	28 7:30 PM Laurie	29 9:30 AM Lisa & Laurie	30 7:30 PM Missy & Lisa	31	

Zumba Staff



Missy



Laurie



Lisa

Your first class is
complimentary!

\$5 at the Door
10 Class Punch Card \$40