

KEEP CALM  
AND  
DANCE OFF  
THE CALORIES



# Zumba & STRONG

## March 2019

\$5 at the Door Or Punch Card

[www.cabarrusdance.com](http://www.cabarrusdance.com) 704-782-1915

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 STRONG! 9:30 AM Laurie	2
3	4 Zumba! 9:30 AM Laurie	5 Zumba! 7:30 PM Laurie	6 Zumba! 9:30 AM Lisa & Laurie	7 Zumba! 7:30 PM Lisa & Lauren	8	9
10	11 Zumba! 9:30 AM Lisa & Laurie	12 Zumba! 7:30 PM Laurie	13 Zumba! 9:30 AM Lisa & Laurie	14 Zumba! 7:30 PM Lisa & Lauren	15 STRONG! 9:30 AM Lisa & Laurie	16
17 	18 Zumba! 9:30 AM Lisa & Laurie	19 Zumba! 7:30 PM Laurie	20 Zumba! 9:30 AM Lisa & Laurie	21 Zumba! 7:30 PM Lisa & Lauren	22	23
24 31	25 Zumba! 9:30 AM Lisa & Laurie	26 Zumba! 7:30 PM Laurie	27 Zumba! 9:30 AM Lisa & Laurie	28 Zumba! 7:30 PM Lisa & Lauren	29 STRONG 9:30 AM Lisa & Laurie	30

Zumba Staff



Laurie



Lisa



Lauren

Your first class is always  
Complimentary!

\$5 at the door

10 Class Punch Card -\$40