



B
A
R
R
E

February Fitness at Cabarrus Dance

\$5 at the Door Or Punch Card

Party Hearty! Zumba Fitness for Your Heart's Sake! www.cabarrusdance.com

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
Join us Feb. 13 for Mardi Gras Fun Zumba Class!				1 Zumba! 7:30 PM Lisa & Lauren	2	3
	5 Zumba! 9:30 AM Lisa & Laurie	6 Zumba! 7:30 PM Laurie	7 Zumba! 9:30 AM Lisa & Laurie Barre 7:00PM Lisa	8 Zumba! 7:30 PM Lisa & Lauren	9	10
11	12 Zumba! 9:30 AM Lisa & Laurie	13 Fat Tuesday 7:30 PM Lisa & Laurie	14 Zumba! 9:30 AM Lisa & Laurie Barre 7:00PM Lisa	15 Zumba! 7:30 PM Lisa & Laurie	16	17
18	19 Zumba! 9:30 AM Lisa & Laurie	20 Zumba! 7:30 PM Laurie	21 Zumba! 9:30 AM Lisa & Laurie Barre 7:00PM Lisa	22 Zumba! 7:30 PM Lisa & Laurie	23	24
25	26 Zumba! 9:30 AM Lisa & Laurie	27 Zumba! 7:30 PM Laurie	28 Zumba! 9:30 AM Lisa & Laurie Barre 7:00PM Lisa			

Laurie



Lisa



Missy



Lauren



Our Gift to You!

Free Zumba Class on Valentine's Day!

Adults only please!