



**ZUMBA**  
FITNESS IS  
**HERE!**

All Levels Welcome



# August 2017

## Zumba® & Barre

Only \$5 at the Door

[www.cabarrusdance.com](http://www.cabarrusdance.com) 704-782-1915

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
<b>Barre Classes Are Taught By Miss Lisa or Miss Hillman</b>		<b>1 Zumba!</b> 7:30 PM Laurie	<b>2</b>	<b>3 Zumba!</b> 7:30 PM Lisa & Missy	<b>4</b>	<b>5</b>
<b>6</b>	<b>Barre 6:30pm</b>	<b>8 Zumba!</b> 7:30 PM Laurie	<b>9</b>	<b>10 Zumba!</b> 7:30 PM Lisa & Missy	<b>11</b>	<b>12</b>
<b>13</b>	<b>Barre 6:30pm</b>	<b>15 Zumba!</b> 7:30 PM Lisa	<b>16</b>	<b>17 Zumba!</b> 7:30 PM Lisa	<b>18</b>	<b>19</b>
<b>20</b>	<b>Barre 6:30pm</b>	<b>22 Zumba!</b> 7:30 PM Laurie	<b>23</b>	<b>24 Zumba!</b> 7:30 PM Lisa & Laurie	<b>25</b>	<b>26</b>
<b>27</b>	<b>Barre 6:30pm</b>	<b>29 Zumba!</b> 7:30 PM Laurie	<b>30</b>	<b>31 Zumba!</b> 7:30PM Lisa & Missy		

Missy

Laurie

Lisa

Hillman

**STAFF**



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CDA Zumba and Barre Fitness

Your first Zumba Fitness or Barre Class is Complimentary \$5 at the Door  
10 Class Punch Cards are \$40 and can be used for either class! See you on the Dance Floor!